

John & Heidi Cerrigione



Recorded & Mixed at Sunroom Studio 56 Egypt Road Ellington, CT 06029 heidi@doofusmusic.com © 2003 Produced by John & Heidi Cerrigione

Photos - Nancy & Crystal Willis, John Cerrigione

Thanks to the Willis family for their patience with our rearranging their family room; and to Don Skipper for his neatly stacked woodpile.

Thanks to all our friends and family for their encouragement to produce this duet recording. A special thanks goes to our partners in Doofus, Neal & Coleen Walters, for all that they've taught and shared with us over the last 8 years. For information on Doofus recordings visit: www. doofusmusic.com.

Wecka (Swiss Bread)

from Mom Schneider

- 3 cups scalded milk 2/3 cup melted butter 2/3 cup sugar 1 tsp salt
- 3 eggs 1 pkg dry yeast (dissolved) flour (9-10 cups)

Mix all ingredients, then add enough flour so the dough does not stick to your hands. Knead and let rise until double in size, about 1 hour.

Punch down and divide into 3 loaves. Knead, roll out, braid, and put into loaf pans. Let rise 1/2 hour. Brush top with beaten egg. Bake 350° for 30 minutes. Enjoy!

1. Rose of My Heart

Words and Music by Hugh Moffatt © Atlantic Music Corp./Boquillas Canyon Music, ASCAP This is one of our favorite love songs. We play it as an autoharp duet with John playing the Fladmark FC and Heidi playing the Zephyr Hills F.

You're the best partner this world's ever seen Together as close as can be But sometimes it's hard to find time in between To tell you what you are to me You are the rose of my heart You are the love of my life

A flower not fading or falling apart If you're tired rest your head on my arm, rose of my heart

When sorrow holds you in her arms of clay It's raindrops that fall from your eyes Your smile is the sun come to earth for a day You brighten my blackest of skies You are the rose of my heart You are the love of my life A flower not fading or falling apart If you're cold, let my love make you warm, rose of my heart

So hard times or easy times, what do I care There's nothing I'd change if I could Tears and the laughter are things that we share Your hand in mine makes all times good

You are the rose of my heart You are the love of my life A flower not fading or falling apart You're my harbor in life's restless storm, rose of my heart

2. I Know That My Redeemer Lives

Written by George F. Handel

Heidi has always loved this melody from Handel's Messiah and this version is in the Hymns of Zion #253. John starts the lead on the guitar, then she plays it on the mountain dulcimer followed by the dulcimette, which is an octave higher than the standard dulcimer.

3. Hold Fast to the Right

Traditional

This old gospel song was recorded by the Carter Family and is printed in a 1938 Albert Brumley songbook. It's listed as being arranged by Mr. Brumley, which was usually a way for gospel publishers to admit they hadn't tracked down who actually wrote it. We joke that Heidi's sisters joined in singing the choruses, but it's really Heidi and the magic of multi-tracks. This is a favorite at our local autoharp gatherings.

Come and sit by the side of your mother my boy You have only a moment I know But stay 'til I give you this parting advice It is all that I have to bestow Hold fast to the right, hold fast to the right Wherever your footsteps may roam But forsake not the way of salvation my boy That you learned from your mother at home

You leave us to seek your employment my boy By the world you have yet to be tried But in the temptations and trials you meet May your heart to the Savior confide Hold fast...

I gave you to God in the cradle my boy And I've taught you the best that I know And as long as God's mercies permit me to live I will never cease praying for you Hold fast...

You will find in your satchel a Bible my boy It's the book of all others the best It will help you to live and prepare you to die And will lead to the gates of the blessed Hold fast...

4. He Leadeth Me

Words by J. H. Gilmore & Music W. B. Bradbury (1862) This is an instrumental version played on hammered duleimer. Heidi remembers a recording of the Vienna Boys Choir singing a high harmony and she added a little of that too.

5. Angelina Baker

Words and Music by Stephen Foster (1850)

Angelina Baker is a typical minstrel song and John is playing a fretless banjo. In the last line of the chorus it refers to the "jawbone" which was an instrument shaken like a tambourine. It was made from the actual jawbone of a horse or ass, and when the bone was thoroughly dried, the teeth became so loose they rattled!

Way down on the old plantation, that's where I was born We used to feed the whole creation hoeing in the corn It's there I worked and there I sang, happy all the day Till Angelina Baker came and stole my heart away

Angelina Baker, Angelina Baker's gone She's left me here to weep a tear and beat on the old jawbone

I've seen my Angelina, in the springtime and the fall I've seen her at the chicken coop; I've seen her at the ball Every time I've seen her, she was shining like the sun But now I'm left to weep a tear, 'cause Angelina's gone

Angelina Baker, Angelina Baker's gone She's left me here to weep a tear and beat on the old jawbone

Early in the morning on a lovely summer's day I called on Angelina, but they said she's gone away I don't know where to find her, 'cause I don't know where she's gone She's left me here to weep a tear and beat on the old jawbone Angelina Baker, Angelina Baker's gone She's left me here to weep a tear and beat on the old jawbone

6. Knole Park

Traditional

This is a lovely English country dance tune (1788) that we learned while playing with Heart's Ease, a local family dance band lead by Laura Mazza-Dixon. It remains in our repertoire and we enjoy playing it as a hammered dulcimer and bass duet.

7. Wood Stoves & Bread Loaves

Words and Music by Kate Wolf

© 1977 Another Sundown Publishing Co. (BMI)

There are many songs we enjoy that were written by Kate Wolf, a wonderful singer-song writer from California. This particular one was never recorded by Kate before ber death in 1986, but was in a collection of songs that ber family published titled Kate Wolf Revisited - A Second Volume of Songs. John's playing the autobarp bere, and Heidi's on monitain dulcimer.

Do you see the pines shining like gold And the sun hanging red in the west Do you feel the wind start to blow cold Don't you know your old friends the best Don't you know your old friends the best Like warm clothes and bread loaves and a fire in the wood stove Don't you know your old friends the best Do you feel your heart slipping away Like a bird flying back to the nest Like the feel of the sun rising each day Don't you know your old love the best Don't you know your old love the best Like warm clothes and bread loaves and a fire in the wood stove Don't you know your old love the best Do you hear that song come stealing in Just when your mind is at rest It brings back a face or a place that you've been Don't you love the old songs the best Don't you love the old songs the best Like warm clothes and bread loaves and a fire in the wood stove Don't you love the old songs the best

8. Köbeli-Walzer

Traditional

We learned this song from Hansueli Wüthrich on our trip to Switzerland in 1995. During that same trip, Heidi bought a schnyzerörgeli, which is a Swiss button-box accordion. This song brings back fond memories of our trips overseas, especially the days spent hiking in the Berner Oberland.

9. Prettiest Flowers Will Be Blooming

Words & Music by Albert E. Brumley

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At our first Cedarville campout in Maryland, we heard this gospel song sung by Neal Walters and Ginny Mannina. We shared it with our local autoharp group and it quickly became a favorite. This is dedicated to Heidi's mom to honor her request for us to sing "Schöne Blumen".

I know there is a land of beautiful flowers Where we will meet again when life is o'er Where we will wile away the endless hours On heaven's bright eternal shore

> And the prettiest beds of flowers will be blooming By the prettiest streets our eyes shall e'er behold Where the beautiful tree of life for us is waiting By the prettiest mansions made of purest gold And the prettiest robes and crowns we will be wearing In the city four square beyond this world of strife And the prettiest songs with the angels we'll be singing

On the beautiful morning by the river of life On heaven's golden strand there'll be no more dying No chilling winds or tempest e'er will blow It is a land of love and wondrous beauty Where fragrant flowers ever grow And the prettiest beds...

I want to meet you by that beautiful river On that eternal morning in the sky Where we will live in peace and joy forever Where we will never say good-bye And the prettiest beds...

10. Peeler Creek

Traditional

We learned this from a Powder River recording featuring the fiddle of Skip Gorman. It was paired with "The Claybole", which you can also hear on track 18. Heidi is playing a banjo-mer, which is a customized mountain

11. Weggiser Lied

Traditional

This is a song from Switzerland describing a walk from Lucerne to the town of Weggis. The English verse was found in a children's songbook and titled "The Swiss Walking Song". Feel free to yodel along!

Vo Luzern uf Weggis zue Brucht mer währli keini Schueh ~ Jodel From Lucerne to Weggis town Shoes and stockings we frown upon ~ Yodel

12. Shepherd's Wife

Traditional

At our first visit to the Mountain Laurel Autobarp Gathering (1992), we heard this played by John and Kathie Hollandsworth of Christiansburg, V.A. They kindly played it into our tape recorder so we could learn it, and we've loved playing it ever since.

13. A Mothers Last Words

Traditional

We first heard this from the singing of the Dry Branch Fire Squad, We've since heard a 1920's recording by a Texas preacher, Washington Phillips who played it on the dolceola. Our last verse came from that recording.

A mother called her daughter to her dying bed She laid her hands gently on her daughter's head Grabbed her up tightly, in her arms, Said I will not be with you very long By and by, I'm going to see the King By and by, I'm going to see the King Juord, I don't mind dying I'm a child of God

Oh daughter, God is soon gonna carry me home But you must remember when I'm dead and gone Oh, I must leave you in this world alone But you know God will take you safely home By and by... Now you might do things, you don't consider no harm God in Heaven, He knows when you've done wrong You'd better let dancing, card parties, all go by So you can reach your heavenly home on high

By and by...

Daughter, she was standing with tears rolling down her checks Trembling in her voice, whenever she did speak Saying, no more dances mother, no more playing cards From this day I shall serve my God

By and by...

14. Old Grey Cat

Traditional

This is an old Scottish tune we picked up from the Wethersfield dance/jam. They frequently play tunes from Susan Songer's Portland (Oregon) Collection and this lively dance tune made its way into our repertoire. John's playing his newly acquired Gibson mandolin.

15. Will You Love Me When I'm Old Traditional

On her 40th birthday, Neal Walters gave Heidi a compilation of songs bearing an "old" theme. This one was sung by Ed Trickett and was the nicest one of the collection. We modified the last verse to "I <u>will</u> love you when we're old".

I would ask of you my darlin', a question soft and low It gives me many heartaches as the moments come and go I know your love is truthful, but the truest love can grow cold And it's this that I would ask you, Will you love me when I'm old?

Life's morn will soon be waning, and its evening bells be tolled And my heart will know no sadness, if you'll love me when I'm old When my hair shall shame the snowdrift, and my eyes shall dimmer grow

I will lean upon some loved one, down the valley as I go I would claim of you a promise, worth to me a world of gold And it's this that I would ask you, Will you love me when I'm old?

Life's morn...

Down the stream of life together, we are sailing side by side Hoping some bright day to anchor, safe beyond the surging tide Today the skies are cloudless, but the night, may clouds unfold And the storms may gather 'round us, but I'll love you when we're old Life's morn will soon be waning, and its evening bells be tolled And our hearts will know no sadness; I will love you when we're old

16. Valley Center

Written by John & Heidi Cerrigione © 2002

While visiting the home of Mike & Vicki Walters in Valley Center, California, we wrote this melody. We were sitting under an arbor in their beautiful garden surrounded by orange trees. Now it brings us pleasant memories of the southern California mountains.

17. Big Eyed Rabbit

Traditional

We learned this from autoharp friend June Maugery who recorded it on her album "Shining Bright Like Gold". It's a favorite banjo tune of John's and he's added a playful twist. Due to poor marksmanship, the rabbit doesn't meet his end!

Yonder comes a rabbit how do I know Fur shining in the sun, Shining bright like gold, gold Shining bright like gold Big eyed rabbit's gone, gone, big eyed rabbit's gone Big eyed rabbit's gone, gone, big eyed rabbit's gone

It's up before the morning light See what the day will lend Come on rabbit rise and shine Time to meet your end, end Time to meet your end

> Big eyed rabbit's gone, gone, big eyed rabbit's gone Big eyed rabbit's gone, gone, big eyed rabbit's gone

It's Coney on the island, Coney on the run See that rabbit, she's so fast Missed her with my gun, gun Missed her with my gun Big eved rabbit's gone, gone, big eved rabbit's gone

Big eyed rabbit's gone, gone, big eyed rabbit's gone

Yonder comes a rabbit, How do I know Fur shining in the sun Shining bright like gold, gold Shining bright like gold Rock 'em in a weary land, land Rock 'em in a weary land, land Rock 'em in a weary land, land

18. The Clayhole

Traditional

Playing autobarp duets is something we've always enjoyed doing, There's something very comforting in cradling your instrument and playing in ³/4 time. Music for this is in our original Doofus <u>30 Old Time Songs & Tunes</u> book.

19. Black Bottom Strut

Traditional

While taking a dulcimer class from Esther Kreek, John had the pleasure of accompanying her on guitar for this tune. This rag was so much fun to play, we decided it was a keeper:

20. Slumber My Darling

Words and Music by Stephen Foster (1862)

Bryan Bowers introduced us to this beautiful lullaby during a visit last spring. Heidi plays it on the baritone dulcimer and adds a vocal harmony. Our hope would be that all of these selections will "wrap you up warm".

Slumber my darling, thy mother is near Guarding thy dreams from all terror and fear Sunlight has passed and the twilight is gone Slumber my darling, the night's coming on Sweet visions attend thy sleep Fondest, dearest to me While others their revels keep I will watch over thee Slumber my darling the birds are at rest The wandering dews by the flow'rs are caressed Slumber, my darling, I'll wrap thee up warm, And pray that the angels will shield thee from harm

Slumber my darling, till morn's blushing ray Brings to the world the glad tidings of day Fill the dark void with thy dreamy delight Slumber, thy mother will guard thee tonight Thy pillow shall sacred be From all outward alarms Thou, thou are the world to me In thine innocent charms Slumber my darling the birds are at rest The wandering dews by the flow'rs are caressed Slumber, my darling, Tll wrap thee up warm And pray that the angels will shield thee from harm

$J_{\c H}$

We enjoy instruments made by these fine luthiers:

George Orthey - Autoharp Tom Fladmark - Autoharp Mark Fackeldey - Autoharp David Lindsey - Hammered Dulcimer McSpadden - Mountain Dulcimer Ron Ewing - Dulcimette Doug Thomson - Banjo-mer Jerry Rockwell - Baritone Dulcimer Mike Ramsey - Fretted & Fretless Banjos

All arrangements © 2003 John & Heidi Cerrigione





Like "warm clothes and bread loaves and a fire in the wood stove", these songs and tunes are some of our favorites. Each one "brings back a face or a place that we've been"; we do "love the old songs the best".

The selections include 10 instrumentals and 10 vocals. Most are traditional, a few are contemporary, and one is an original composition. All feature a variety of acoustic instruments.

John Cerrigione Guitar, Bass, Autoharp, Banjo, Mandolin & Vocals

Heidi Cerrigione Autoharp, Hammered Dulcimer, Mountain Dulcimers, Schwyzerörgeli, Piano & Vocals

Wood Stoves & Bread Loaves

1. Rose of My Heart 4:18
2. I Know That My Redeemer Lives 3:17
3. Hold Fast to the Right 4:35
4. He Leadeth Me 2:38
5. Angelina Baker
6. Knole Park 2:03
7. Wood Stoves & Bread Loaves 3:27
8. Köbeli-Walzer 1:56
9. The Prettiest Flowers Will Be Blooming 3:59
10. Peeler Creek 2:05
11. Weggiser Lied 2:30
12. Shepherd's Wife 2:28
13. A Mothers Last Words To Her Daughter 3:56
14. Old Grey Cat 2:14
15. Will You Love Me When I'm Old 5:14
16. Valley Center 3:20
17. Big Eyed Rabbit 2:29
18. The Clayhole 3:23
19. Black Bottom Strut 2:21
20. Slumber My Darling 3:39

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